

JULY - LISTENER

An All Star athlete listens and demonstrates respect for others.

Concepts of paying attention to a teammate and/or coach and making the effort to hear something or someone with respect.

Paying attention - concentrating on the speaker's words and actions. Being intentional in listening to their communication.

Respect - politeness, honor and care for a teammate, coach and other individuals.

“
Speak in such a way that others love to listen to you.
Listen in such a way that others love to speak to you.
”

ANONYMOUS

WE Speak Challenge:

Our sport depends on learning, learning depends on listening. Larry King once said, “My first rule of conversation is this: I never learn a thing while I’m talking.” How is that relatable to your experience in All-Star?

If you can't trust those who don't want to learn, how can you trust those who don't listen? Do you agree with this statement?

Listening demonstrates respect. Why?

Who demonstrates listening in your life? Who is the best listener? What can you “take away” from their example?

Discuss 5 ways your team can become better listeners during practice.



I will do my part
No matter the situation
To ensure high character
Every minute, hour, and day
Giving of myself
Respecting the sports of Cheer and Dance
Investing in others
To leave All Star and our Program a better place for
You

