## JUNE - GENEROUS

An All Star athlete has a servant heart and gives freely of their time.

Concepts of demonstrating kindness and being magnanimous.

**Kindness** – showing care, respect and concern for others by giving generously of time and being helpful. **Magnanimous** – a style of carrying out the responsibility of being a leader with a large and generous heart.

Don't waste time on what's not important. Don't get sucked into the drama. Get on with it: don't dwell on the past. Be a big person; be generous of spirit; be the person you'd admire.

ALLEGRA HUSTON

## "

## **WE Speak Challenge:**

Who on the team is someone that you would consider a generous person? What traits or values do they demonstrate as they serve others?

What is the concept of "paying it forward" and how does this apply to the term generosity?

Can you ever be too generous during practice? What does that mean?

Spending time with someone means you "see" them and notice them. How does this impact an athlete?

Being generous can mean giving someone a chance or the benefit of the doubt. Describe how this could be useful during practice.

How can your team be generous with their time to each other? To another team in your program? To your community?

We have all been given the resources of time, money and being in All Star. In what ways can you demonstrate servant leadership by organizing team building games, sleep overs at the facility or helping your coaches organize practices?



I will do my part
No matter the situation
To ensure high character
Every minute, hour, and day
Giving of myself
Respecting the sports of Cheer and Dance
Investing in others
To leave All Star and our Program a better place for
You

