

Accountable

AN ALL STAR ATHLETE IS SOMEONE
WHO DOES WHAT THEY SAY... ALWAYS.

BEING ACCOUNTABLE TO SOMEBODY SUCH
AS FRIENDS, FAMILY OR A TRAINER CAN
BE A POWERFUL TOOL TO ENSURE
PROGRESS TOWARDS YOUR GOAL.

PICTUREQUOTES.COM



NOW GO SHARE YOUR STORY OF BEING ACCOUNTABLE OR COMMITTED TO THE TEAM USING THE HASHTAG: #THISISALLSTAR